

POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

PRO PLATE LOAD HIGH ROW

Power Lift's High Row Machine provides a guided system with the feel of free weights, giving your athletes a stable but challenging workout. The High Row Machine works the major muscles in your athlete's back, improving balance and control. Adjustable pieces make sure that any and every athlete can use the equipment with minor setup time.

KEY FEATURES:

- Independent diverging work arms
- Weight storage standard
- Ratchet lock seat adjustment
- Adjustable chest pad
- Adjustable rolling thigh pad
- Low starting resistance
- Urethane foot pads standard
- Ratchet seat mechanism accommodates all user sizes
- Low start resistance with the ability to add plates to accommodate all fitness levels
- Standard counter balance
- 3" thick pads for user comfort and support
- Moveable joints feature ball bearings
- Standard weight horns



Overall Dimensions:

74" (L) x 57" (W) x 79" (H)
430 lbs. (Approximate Weight)

Warranty:

Lifetime conditional warranty on frame components. One year on bearings and 90 days on upholstery and items not specified.

Part Number:

81197A

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